

# Moab Montessori News

## January 2025

*Building the Foundation for a Lifetime of Learning*



### Calendar Items:

- Jan 20<sup>th</sup> – No School  
MLK Day
- Feb 17<sup>th</sup> – No School  
President’s Day
- March 3<sup>rd</sup> – 7<sup>th</sup>  
Parent Teacher Conferences
- April 14<sup>th</sup> – 18<sup>th</sup> No School  
Spring Break

### January Snack Menu

	Morning Snack	After School Snack
Monday	Build your own trail mix (Rice Chex, nuts, seeds, raisins or craisins), fresh fruit	Cheese and crackers, fresh veggies, ranch dip
Tuesday	Yogurt & granola cups, fresh berries	Peanut butter, graham crackers, fresh fruit
Wednesday	Charcuterie board: cheese, turkey, olives, baby pickles, rice crackers, tomatoes, cucumbers	Tortilla chips, salsa, guacamole, string cheese
Thursday	Pretzels, hummus, cheese, fresh veggies	Bagels and cream cheese, fresh fruit
Friday	Pizza! Sauce, cheese, black olives, peppers, pepperoni	Mixed nuts, pretzels, fresh fruit and veggie

### Toddler Class

Happy New Year! During the first two weeks, we will spend time adjusting to our daily routines and practices while settling into our classroom environment. We will then move into studying the Solar System, learning about the different planets and identifying that we live on planet Earth. We will also learn about the incredible Martin Luther King, Jr. and his positive influence during the Civil Rights movement. We will focus on personal freedoms, equality between all mankind, kindness, and compassion.

Mrs. Hailey

### Primary Class

Welcome 2025! It will be a year full of new possibilities, new lessons and deepening wisdom. The students will ease back into the classroom with a review of previous lessons and a reminder of all our agreements. We will ask the students to reflect on what they’ve done so far in the school year and what they are hoping to do next!

In the first two weeks, the class will journey to the ends of the Earth, Antarctica, to learn about the animals and the shifting landscape including melting icebergs and rising sea levels. Who is Martin Luther King Jr? The students will learn about the achievements of Martin Luther King Jr. in the lead up to the MLK holiday!

Towards the end of the month and into February, the class will journey to the continent of Asia to learn more about the culture, art, food and explore the celebration of Chinese New Year. We will learn about rice and make a rice-based meal in class to enjoy. We will invigorate our meditation practice with learning some basic Tai Chi movements with Master Drew and stay tuned for a Taiko drumming workshop!

The Little Big Chats series (11 week program) to be presented by the educators at Seekhaven, will begin on Friday, January 17<sup>th</sup> at 9:15a. We appreciate the important resources and curriculum that will accompany these discussions. More information to follow. 2025 is looking bright and we can’t wait to share all that we are learning with you!

Ms. Katie

*“The child who concentrates is immensely happy.”*

*~Maria Montessori*



*Wishing you immense joy in the new year!*